

Forward Focus
Philippians 3:12-16

Principles for running the race

1. Dissatisfied (12-13a)

Paul was not content with where he was at with his relationship with God

2. Focused (v. 13b)

Paul understood the importance of priorities

3. Looking Ahead (v. 13c)

Paul's focus on the future helped him to live for God in the present

4. Motivation (v. 14)

Paul made sure that nothing was going to get in the way of reaching the goal

5. Consistency (v. 15-16)

The Philippians could see God's work in their lives and they needed to continue to focus on the goal

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2R / 3P

1. Reflect - What was my greatest accomplishment in 2010?
How am I doing in what is most important?
2. Refuel - Set aside time to focus and
evaluate
3. Pray - Go before God to ask for forgiveness, direction, and
strength
4. Prioritize - Decide what is most important and what can be
eliminated or reduced
5. Plan - Determine a course of action to implement the
necessary changes and accomplish the goals that you
have set

For Further Thought: Take a block of time this week and
complete the 2 "R's" and 3 "P's"